

# “Love has no meaning if it isn’t shared”

— St. Teresa of Calcutta

## Let’s put our love into **ACTION**

For I was hungry  
and you gave me food

I was thirsty  
and you gave me drink

A stranger  
and you welcomed me

Naked and you clothed me

Sick and you cared for me

In prison and you visited me

*Matthew 25:35-36*



## THE 3 DEGREES OF MERCY

### The **ACT** of mercy

I will take physical action to help another

### The **WORD** of mercy

If I cannot carry out an act of mercy, I will assist with my words

### The **PRAYER** of mercy

If I cannot show mercy by my deeds, I can always do so by prayer



**Let Jesus’ words be your guide when showing mercy in Act, Word, or Prayer**

OUR LADY  
OF PERPETUAL HELP

**100 Hours of Mercy Program**

# PUT LOVE INTO ACTION WITH 5 EASY STEPS

*For individuals, couples, families, and small groups*

- 1** Pick up a Mercy Guide & Progress Tracker in the church foyers or download at [olphglenview.org/100hours](http://olphglenview.org/100hours)
- 2** Create your Mercy Action Plan and pledge 100 Hours of Mercy for the Centennial Year
- 3** GO! Start Implementing Your Mercy Action Plan
- 4** Make Mercy in Action part of your daily routine
- 5** Give thanks for the opportunity to serve God through serving others



OLPH Church • 1775 Grove Street • Glenview, IL 60025  
[Grace2019@olphglenview.org](mailto:Grace2019@olphglenview.org)

OUR LADY  
OF PERPETUAL HELP

**100 Hours of Mercy Program**  
**Go Forth to Love and to Serve**