

Building Boundaries: Called to Protect for Young Children

Lesson Plans for Grades K-5

Call To Protect for Young Children provides teachers and/or catechists that work with school age children with brief lesson plans that include hands-on activities for each grade level. The lessons are designed to teach children appropriate boundaries and how to protect their boundaries. The lessons are sequenced such that the information from one grade prepares students for subsequent lessons. Yet the lessons are also independent enough to allow children to enter the program at any time.



Called to Protect for Young Children teaches age-specific skill development goals to each grade level:

- Kindergarten – Rules about the Body
- Grade 1 – Rules for Interacting with Others (includes information on bullying)
- Grade 2 – Listening to Your Intuition
- Grade 3 – Secrets: Those You Keep and Those You Share
- Grade 4 – Healthy Friendships (includes information on peer to peer abuse)
- Grade 5 – Healthy Privacy (includes information on Internet safety)

Previewing the Lesson Plans

Brief descriptions of the lessons for your child's grade level are available. Please take the time to view these materials so that you can be acquainted with the skills and principles your child will learn. Reviewing this material may make it easier for you to talk to your child about safe boundaries and the right to defend them.

Further, it may prompt open discussions with your child that will be informative and helpful to both of you.



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Conclusion

Thank you for allowing your child to participate in the Called to Protect for Young Children program. Your diocese has chosen this program in an ongoing effort to keep children safe.

Learning these lessons along with your children allows you to partner with them in preventing abuse. Parents should always be the first protectors and best educators of their children. Called to Protect for Young Children will supplement the teaching you do at home and help you in your efforts to guide and protect those most precious to you.



Thank you for answering the call to protect God's children!

