



Our Lady of Perpetual Help Religious Education Program

First Holy Communion Parent Meeting January 23rd, 2019 RECAP

The Weight of a Mass – A Tale of Faith by Josephine Nobisso:

- Please take the time and watch the animated version of this book on YouTube. It would also be beneficial to purchase the book and read as a family during the preparation for 1st Communion. This book will illustrate just how powerful the “weight of a mass” really is.

Preparing in your home:

- Attend weekly mass as a family.
- Share together in a Family Meal. Make the connection about sharing a meal together as a family with sharing a meal during the Eucharist at Mass.
- Pray as a family
- Attend RE Classes regularly – we prepare as a community of believers

Dates and Times of First Communion Liturgies and Practices

- Please adhere to the schedule distributed unless extenuating circumstances prevent you from doing so.
- Practices are not interchangeable.
- Each family will be reserved one pew – other pews (not reserved) in other areas of the church will also be available for additional family members.
- Please let me know as soon as possible if handicap seating is required for a guest attending the Communion Liturgy.

Banner Kits & Service Project Certificates

- Banner kits will be distributed at the Eucharistic Retreat. Completed and dried banners should be brought to your assigned practice. The banners will mark your family pew on the day of First Communion.
- Communicants are required to do on small act of service. Nothing elaborate. Certificates will also be distributed at the Eucharistic Retreat. These certificates should document the service performed along with a picture if available.

Eucharistic Retreat & Communicant Blessing

- Parents need to attend the Retreat to be held during class time on Tuesday, April 23rd or Saturday, April 27th, 2019.
- First Communicant Blessing will be on Sunday, May 5th, 2019 during the 6:00 pm Liturgy with hospitality immediately following.